

SUPPORT SERVICES

LIFELINE

13 11 14

REDEFINE LIFE COUNSELLING

www.redefinelifelife.com.au

LIFELINE TEXT SUPPORT

0477 13 11 14

BEYONDBLUE SUPPORT SERVICE

1300 224 636

eHEADSPACE

1800 650 890

KIDS HELPLINE

1800 551 800



OUTSIDE THE LOCKER ROOM